



# Calligo Tigers (Jersey) Swimming Club

(Affiliated to HCASA, Swim England, SER, RLSS)

## 38<sup>th</sup> October Open Meet

25-27 October 2019

Level 2 License 2SE191572

Level 3 License 3SE191573

**Venue** : Les Quennevais Sports Centre, St Brelade, Jersey JE3 8LZ  
**Pool** : 8 Lane 25m Anti Wave Pool  
On Site Cafeteria and Parking

**This is a Level 2 / Level 3 Licensed Meet. Swimmers may enter events in both Level 2 and 3.**

**Age Groups** : 10/11yrs, 12/13yrs, 14/15yrs, 16yrs and Over  
Age as at last day of meet 27 October 2019

**Awards** : Medals for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> in each age group for both Level 2 and 3.  
: Cash Prize to Non C.I. Team of £300. Points combined over Level 2 & 3 swims.  
: Top Male Athlete and Top Female Athlete Awards  
Ages 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs & Over

**Events** : 50m, 100m, 200m All Strokes  
: 400m Freestyle  
: 200 & 400m IM  
(10yrs cannot enter 400m IM)

**Fees** : £6.00 per Event  
Payment for entries and coaches passes will be requested after entries close and acceptance has been issued.  
Cheques made payable to Calligo Tigers SC  
Electronic payment: Sort Code: 20 45 05 Account: 33829936

**Meet Information:** Gillian Corrigan/Karen Deffains  
office@jerseytigers.co.uk  
01534 449801/07797 758040

**Entries to** : Lee Fowler  
entries@jerseytigers.co.uk

**Entries Open** : 1<sup>st</sup> April 2019

**Closing Date** : 1<sup>st</sup> May 2019

## MEET CONDITIONS

1. The event will be held at Les Quennevais Sport Centre (25m pool) on 25-27 October 2019.
2. The event will be held under Swim England Laws and Regulations and Swim England Technical Rules of Racing.
3. Electronic timing will be used, with a supplementary starting strobe available for use.
4. Competitor's age groups shall be defined as at the last day of the meet 27 October 2019.
5. Competitor's Age Groups: 10/11yrs, 12/13yrs: 14/15yrs: 16yrs and over.
6. All events are HDW.
7. Entry times must have been achieved in a licensed meet from 1 April 2018. Any swimmer submitting an ineligible entry will have the entry rejected and forfeit the entry fee.
8. £6.00 per entry.
9. Entries are restricted to 10 Events per swimmer.
10. Priority will be given to swimmers entering the meet from UK clubs, subject to availability, however, these competitors must still enter with the stated qualification times, and, meet all other conditions. This applies to entries received before the closing date.
11. In the interest of safety and the smooth running of the competition the promoter reserves the right to limit the number of entries to an event. If this becomes necessary, each swimmer will be informed. Entries will be rejected on the basis of submitted times, slowest swimmers rejected first.
12. Entries for each event should be for the correct level of gala as per the qualifying standards.
13. No refunds for entries will be given after the entries have been processed, except on the production of a Doctor's note confirming the athlete is unfit to compete.
14. Heats will be seeded with the fastest entrants swimming last for both Level 2 and Level 3 events.
15. There are no Upper Qualifying Times for Level 2. Level 3 has Upper and Lower Qualifying Times.
16. Coaches/Team managers **must** lodge any withdrawals before the start of the warm-up in each session.
17. It is the swimmers and their coaches' responsibility to get to the starting blocks on time. There will be NO announcements calling late swimmers.
18. The promoters do not accept responsibility for any property. Lockers are available in the changing rooms and should be used for the safe keeping of belongings.
19. Coaches passes £15 each including lunch and refreshments. All passes include Meet programmes, start sheets, one copy per club of the results after each session and a full set of results which we will send to you within 3 days. Session results will be printed and displayed at the venue.
20. **Data Protection**  
With the submission of entry details, consent is deemed to have been given, as required of the Data Protection Act, to the holding, and distribution as necessary, of personal information on computer to enable the running of the Meet.
21. Skins Event will take place after the final event on Sunday afternoon. Prize money to 1<sup>st</sup> and 2<sup>nd</sup> in each category. Junior Girls 10-13; Junior Boys 10-14. Senior Girls 14+; Senior Boys 15+;  
Qualification for each event will be those with the highest FINA points for their best individual swim. All events swum during the meet are eligible. Full conditions will be available at the Meet.
22. Meet participants must help to maintain a high standard of health and safety by not blocking stairways, emergency exits and walkways with bags and should report any issues immediately to a member of the pool staff or to the Meet Promoter.
23. Any situation that is not covered by the above conditions will be handled at the discretion of the promoter, who also reserves the right to make changes as they consider necessary to ensure the programme remains viable. All participants will be informed of such changes.
24. The referee's decision is final.

## Programme of Events

FRIDAY 25th OCTOBER	<b>SESSION 1</b>						
	Warm-up	5.00pm					
	Start	5.45pm					
	Finish	TBC					
	Event 301 – Girls 400 IM – L 3 Event 201 – Girls 400 IM– L 2 Event 302 – Boys 400 IM – L 3 Event 202 – Boys 400 IM – L 2 Event 303 – Girls 50m Breast – L3 Event 203 – Girls 50m Breast – L2 Event 304 – Boys 50m Breast – L3 Event 204 – Boys 50m Breast – L2 Event 305 – Girls 50 Free – L 3 Event 205 – Girls 50 Free – L 2 Event 306 – Boys 50 Free – L 3 Event 206 – Boys 50 Free – L 2						
	<b>SESSION 2</b>		<b>SESSION 3</b>		<b>SESSION 4</b>		
	Warm-up	8.00am	Warm-up	TBC	Warm-up	TBC	
	Start	9.00 am	Start	TBC	Start	TBC	
	Finish	TBC	Finish	TBC	Finish	TBC	
	Event 307 – Girls 400m Free – L 3 Event 207 – Girls 400m Free – L 2 Event 308 – Boys 400m Free – L 3 Event 208 – Boys 400m Free – L 2 Event 309 – Girls 50m Fly – L 3 Event 209 – Girls 50m Fly – L 2 Event 310 – Boys 50m Fly – L 3 Event 210 – Boys 50m Fly – L 2		Event 311 – Girls 200m Breast – L3 Event 211 – Girls 200m Breast – L2 Event 312 – Boys 200m Breast – L3 Event 212 – Boys 200m Breast – L2 Event 313 – Girls 50m Back – L3 Event 213 – Girls 50m Back – L2 Event 314 – Boys 50m Back – L3 Event 214 – Boys 50m Back – L2 Event 315 – Girls 100m Fly – L3 Event 215 – Girls 100m Fly – L2 Event 316 – Boys 100m Fly – L3 Event 216 – Boys 100m Fly – L2		Event 317 – Girls 100m Back – L3 Event 217 – Girls 100m Back – L2 Event 318 – Boys 100m Back – L3 Event 218 – Boys 100m Back – L2 Event 319 – Girls 200m Free – L3 Event 219 – Girls 200m Free – L2 Event 320 – Boys 200m Free – L3 Event 220 – Boys 200m Free – L2		
SATURDAY 26th OCTOBER	<b>SESSION 2</b>		<b>SESSION 3</b>		<b>SESSION 4</b>		
	Warm-up	8.00am	Warm-up	TBC	Warm-up	TBC	
	Start	9.00 am	Start	TBC	Start	TBC	
	Finish	TBC	Finish	TBC	Finish	TBC	
	Event 307 – Girls 400m Free – L 3 Event 207 – Girls 400m Free – L 2 Event 308 – Boys 400m Free – L 3 Event 208 – Boys 400m Free – L 2 Event 309 – Girls 50m Fly – L 3 Event 209 – Girls 50m Fly – L 2 Event 310 – Boys 50m Fly – L 3 Event 210 – Boys 50m Fly – L 2		Event 311 – Girls 200m Breast – L3 Event 211 – Girls 200m Breast – L2 Event 312 – Boys 200m Breast – L3 Event 212 – Boys 200m Breast – L2 Event 313 – Girls 50m Back – L3 Event 213 – Girls 50m Back – L2 Event 314 – Boys 50m Back – L3 Event 214 – Boys 50m Back – L2 Event 315 – Girls 100m Fly – L3 Event 215 – Girls 100m Fly – L2 Event 316 – Boys 100m Fly – L3 Event 216 – Boys 100m Fly – L2		Event 317 – Girls 100m Back – L3 Event 217 – Girls 100m Back – L2 Event 318 – Boys 100m Back – L3 Event 218 – Boys 100m Back – L2 Event 319 – Girls 200m Free – L3 Event 219 – Girls 200m Free – L2 Event 320 – Boys 200m Free – L3 Event 220 – Boys 200m Free – L2		
	SUNDAY 27th OCTOBER	<b>SESSION 5</b>		<b>SESSION 6</b>			
		Warm-up	8.00am	Warm-up	TBC		
Start		9.00 am	Start	TBC			
Finish		TBC	Finish	4.00pm			
Event 321 – Girls 200m IM – L3 Event 221 – Girls 200m IM – L2 Event 322 – Boys 200m IM – L3 Event 222 – Boys 200m IM – L2 Event 323 – Girls 100m Breast – L3 Event 223 – Girls 100m Breast – L2 Event 324 – Boys 100m Breast – L3 Event 224 – Boys 100m Breast – L2 Event 325 – Girls 200m Fly – L3 Event 225 – Girls 200m Fly – L2 Event 326 – Boys 200m Fly – L3 Event 226 – Boys 200m Fly – L2		Event 327 – Girls 200m Back – L 3 Event 227 – Girls 200m Back – L 2 Event 328 – Boys 200m Back – L 3 Event 228 – Boys 200m Back – L 2 Event 329 – Girls 100m Free – L 3 Event 229 – Girls 100m Free – L 2 Event 330 – Boys 100m Free – L 3 Event 230 – Boys 100m Free – L 2  SKINS					

All timings are approximate and exact timings will be confirmed once all entries have been received.

## Level 2 Lower Qualifying Times

### Boys

EVENT	10	11	12	13	14	15	16	17	OPEN
50m Free	39.3	37.2	35.1	33.1	31.3	29.9	29	28.4	27.4
100m Free	1:27.6	1:20.6	1:15.7	1:11.1	1:07.3	1:04.6	1:02.6	1:01.4	1:00.2
200m Free	3:06.0	2:54.8	2:44.7	2:35.0	2:26.6	2:20.8	2:16.3	2:13.8	2:12.9
400m Free	6:31.8	6:06.0	5:46.0	5:26.8	5:10.4	4:57.5	4:48.7	4:42.5	4:42.5
50m Breast	51.3	48	45.1	41.9	39.6	37.7	36.4	35.7	34.4
100m Breast	1:52.5	1:43.4	1:36.9	1:30.1	1:25.1	1:21.0	1:18.4	1:16.7	1:15.0
200m Breast	3:59.0	3:42.4	3:29.2	3:15.3	3:03.9	2:55.8	2:50.7	2:46.3	2:42.3
50m Fly	43.8	41	38.8	36.4	34.3	32.5	31.5	30.7	29.6
100m Fly	1:39.3	1:30.4	1:24.6	1:19.1	1:14.4	1:10.7	1:08.8	1:07.0	1:05.1
200m Fly	3:37.3	3:18.2	3:06.6	2:54.7	2:44.7	2:35.5	2:31.7	2:26.9	2:24.4
50m Back	45.1	42.5	40.3	37.6	35.8	33.9	32.6	32.1	30.4
100m Back	1:38.5	1:30.5	1:25.2	1:19.7	1:15.0	1:11.5	1:09.3	1:07.6	1:05.4
200m Back	3:26.7	3:13.3	3:02.6	2:51.1	2:41.4	2:34.3	2:29.8	2:27.0	2:22.9
200m IM	3:32.2	3:17.6	3:06.8	2:55.8	2:45.3	2:38.2	2:33.7	2:30.5	2:27.6
400m IM		6:59.7	6:34.3	6:12.0	5:50.3	5:34.6	5:25.4	5:18.7	5:14.9

### Girls

EVENT	10	11	12	13	14	15	16	17	OPEN
50m Free	39.9	37.7	35.7	34.3	33.3	32.5	32	31.9	30.5
100m Free	1:27.6	1:21.3	1:16.6	1:13.5	1:11.3	1:09.9	1:08.7	1:08.4	1:07.1
200m Free	3:06.8	2:55.4	2:44.9	2:38.0	2:33.5	2:30.2	2:28.0	2:26.4	2:26.1
400m Free	6:35.7	6:04.9	5:43.7	5:29.8	5:20.8	5:13.8	5:10.2	5:07.2	5:07.2
50m Breast	51.7	48.3	45.4	43.2	41.8	40.8	40.3	40.0	38.5
100m Breast	1:52.5	1:43.5	1:37.3	1:32.3	1:28.7	1:27.1	1:26.2	1:24.9	1:23.2
200m Breast	3:59.5	3:42.1	3:28.8	3:18.2	3:11.5	3:07.9	3:05.8	3:04.1	2:58.7
50m Fly	43.9	41.3	39.1	37.3	36.1	35.2	34.7	34.6	32.7
100m Fly	1:39.3	1:30.9	1:24.9	1:21.2	1:18.3	1:16.9	1:15.8	1:14.9	1:12.2
200m Fly	3:40.0	3:20.2	3:06.4	2:57.3	2:51.0	2:46.9	2:44.8	2:42.8	2:39.0
50m Back	45.3	42.7	40.5	38.7	37.5	36.8	36.1	35.8	34.4
100m Back	1:38.5	1:31.0	1:25.3	1:21.4	1:19.0	1:17.1	1:16.1	1:15.6	1:13.6
200m Back	3:28.7	3:12.5	3:01.7	2:54.3	2:49.2	2:44.8	2:42.4	2:40.6	2:38.3
200m IM	3:32.7	3:17.9	3:06.3	2:58.8	2:53.1	2:49.5	2:47.2	2:45.7	2:44.2
400m IM		6:57.3	6:32.0	6:14.4	6:03.1	5:55.8	5:50.5	5:48.2	5:44.5

## Level 3 Upper Qualifying Times

### Boys

EVENT	10	11	12	13	14	15	16	17	OPEN
50m Free	39.3	37.2	35.1	33.1	31.3	29.9	29	28.4	27.4
100m Free	1:27.6	1:20.6	1:15.7	1:11.1	1:07.3	1:04.6	1:02.6	1:01.4	1:00.2
200m Free	3:06.0	2:54.8	2:44.7	2:35.0	2:26.6	2:20.8	2:16.3	2:13.8	2:12.9
400m Free	6:31.8	6:06.0	5:46.0	5:26.8	5:10.4	4:57.5	4:48.7	4:42.5	4:42.5
50m Breast	51.3	48	45.1	41.9	39.6	37.7	36.4	35.7	34.4
100m Breast	1:52.5	1:43.4	1:36.9	1:30.1	1:25.1	1:21.0	1:18.4	1:16.7	1:15.0
200m Breast	3:59.0	3:42.4	3:29.2	3:15.3	3:03.9	2:55.8	2:50.7	2:46.3	2:42.3
50m Fly	43.8	41	38.8	36.4	34.3	32.5	31.5	30.7	29.6
100m Fly	1:39.3	1:30.4	1:24.6	1:19.1	1:14.4	1:10.7	1:08.8	1:07.0	1:05.1
200m Fly	3:37.3	3:18.2	3:06.6	2:54.7	2:44.7	2:35.5	2:31.7	2:26.9	2:24.4
50m Back	45.1	42.5	40.3	37.6	35.8	33.9	32.6	32.1	30.4
100m Back	1:38.5	1:30.5	1:25.2	1:19.7	1:15.0	1:11.5	1:09.3	1:07.6	1:05.4
200m Back	3:26.7	3:13.3	3:02.6	2:51.1	2:41.4	2:34.3	2:29.8	2:27.0	2:22.9
200m IM	3:32.2	3:17.6	3:06.8	2:55.8	2:45.3	2:38.2	2:33.7	2:30.5	2:27.6
400m IM		6:59.7	6:34.3	6:12.0	5:50.3	5:34.6	5:25.4	5:18.7	5:14.9

### Girls

EVENT	10	11	12	13	14	15	16	17	OPEN
50m Free	39.9	37.7	35.7	34.3	33.3	32.5	32	31.9	30.5
100m Free	1:27.6	1:21.3	1:16.6	1:13.5	1:11.3	1:09.9	1:08.7	1:08.4	1:07.1
200m Free	3:06.8	2:55.4	2:44.9	2:38.0	2:33.5	2:30.2	2:28.0	2:26.4	2:26.1
400m Free	6:35.7	6:04.9	5:43.7	5:29.8	5:20.8	5:13.8	5:10.2	5:07.2	5:07.2
50m Breast	51.7	48.3	45.4	43.2	41.8	40.8	40.3	40.0	38.5
100m Breast	1:52.5	1:43.5	1:37.3	1:32.3	1:28.7	1:27.1	1:26.2	1:24.9	1:23.2
200m Breast	3:59.5	3:42.1	3:28.8	3:18.2	3:11.5	3:07.9	3:05.8	3:04.1	2:58.7
50m Fly	43.9	41.3	39.1	37.3	36.1	35.2	34.7	34.6	32.7
100m Fly	1:39.3	1:30.9	1:24.9	1:21.2	1:18.3	1:16.9	1:15.8	1:14.9	1:12.2
200m Fly	3:40.0	3:20.2	3:06.4	2:57.3	2:51.0	2:46.9	2:44.8	2:42.8	2:39.0
50m Back	45.3	42.7	40.5	38.7	37.5	36.8	36.1	35.8	34.4
100m Back	1:38.5	1:31.0	1:25.3	1:21.4	1:19.0	1:17.1	1:16.1	1:15.6	1:13.6
200m Back	3:28.7	3:12.5	3:01.7	2:54.3	2:49.2	2:44.8	2:42.4	2:40.6	2:38.3
200m IM	3:32.7	3:17.9	3:06.3	2:58.8	2:53.1	2:49.5	2:47.2	2:45.7	2:44.2
400m IM		6:57.3	6:32.0	6:14.4	6:03.1	5:55.8	5:50.5	5:48.2	5:44.5

## Level 3 Lower Qualifying Times

### Boys

EVENT	10	11	12	13	14	15	16	17	OPEN
50m Free	42.9	42.9	42.1	39.7	37.6	35.6	34.8	34.1	32.3
100m Free	1:37.1	1:37.1	1:30.8	1:25.32	1:20.8	1:17.5	1:15.1	1:13.7	1:12.2
200m Free	3:22.6	3:22.6	3:17.6	3:06.0	2:55.9	2:49.0	2:43.6	2:40.6	2:39.5
400m Free	6:50.4	6:50.4	6:45.2	6:32.2	6:12.5	5:57.0	5:46.4	5:39.0	5:39.0
50m Breast	55.9	55.9	54.1	50.3	47.5	45.2	43.7	42.8	41.3
100m Breast	2:03.2	2:03.2	1:56.2	1:48.1	1:42.1	1:38.4	1:34.1	1:32.0	1:30.0
200m Breast	4:23.5	4:23.5	4:11.0	3:54.4	3:40.7	3:30.1	3:24.8	3:19.6	3:14.5
50m Fly	47.7	47.7	46.6	43.7	41.2	39.0	38.0	36.8	35.5
100m Fly	1:47.2	1:47.2	1:41.5	1:34.9	1:29.3	1:24.8	1:22.6	1:20.4	1:18.1
200m Fly	3:55.5	3:55.5	3:43.9	3:29.6	3:17.6	3:06.6	3:02.0	2:56.3	2:53.3
50m Back	49.6	49.6	48.3	45.1	43.0	40.1	39.1	38.5	36.5
100m Back	1:47.4	1:47.4	1:42.2	1:35.7	1:30.0	1:25.8	1:23.2	1:21.1	1:18.5
200m Back	3:47.4	3:47.4	3:45.4	3:25.3	3:13.7	3:05.2	3:00.1	2:56.4	2:51.5
200m IM	3:52.4	3:52.4	3:44.2	3:31.0	3:18.4	3:09.8	3:04.4	3:01.0	2:57.1
400m IM		7:42.0	7:33.4	7:26.4	7:00.1	6:41.5	6:30.5	6:22.4	6:17.9

### Girls

EVENT	10	11	12	13	14	15	16	17	OPEN
50m Free	43.6	43.6	42.9	41.1	40.0	39.0	38.4	38.3	36.6
100m Free	1:36.4	1:36.4	1:32.0	1:28.2	1:25.6	1:23.9	1:22.4	1:22.1	1:20.5
200m Free	3:24.5	3:24.5	3:17.9	3:09.6	3:04.2	3:00.2	2:57.6	2:55.7	2:55.3
400m Free	7:10.2	7:10.2	6:52.4	6:35.8	6:25.0	6:17.0	6:12.2	6:08.6	6:08.6
50m Breast	56.3	56.3	54.5	51.8	50.2	49.0	48.4	48.0	46.2
100m Breast	2:03.7	2:03.7	1:56.8	1:50.8	1:46.4	1:44.5	1:43.4	1:41.9	1:39.8
200m Breast	4:23.4	4:23.4	4:10.6	3:57.8	3:50.0	3:45.5	3:43.1	3:40.9	3:34.4
50m Fly	48.3	48.3	46.9	44.8	43.3	42.2	41.6	41.5	39.2
100m Fly	1:48.8	1:48.8	1:41.2	1:37.4	1:34.0	1:32.3	1:31.0	1:29.9	1:26.6
200m Fly	4:02.0	4:02.0	3:43.7	3:32.8	3:25.2	3:20.3	3:17.8	3:15.4	3:10.8
50m Back	49.8	49.8	48.7	46.4	45.0	44.2	43.3	43.0	41.3
100m Back	1:48.1	1:48.1	1:42.4	1:37.7	1:34.8	1:32.5	1:31.3	1:30.7	1:28.3
200m Back	3:49.6	3:49.6	3:38.0	3:29.2	3:23.0	3:17.8	3:14.9	3:12.7	3:10.0
200m IM	3:53.5	3:53.5	3:43.6	3:34.6	3:27.7	3:23.4	3:20.6	3:18.8	3:17.0
400m IM		7:43.6	7:38.6	7:29.3	7:15.7	7:06.7	7:00.6	6:57.8	6:53.4