

JERSEY SWIMMING CLUB
18th GRADED SPRINT MEET 2019

(Held under Swim England Laws)

Saturday 6th July 2019

Les Quennevais Swimming Pool.

POOLSIDE 10.15am and 1.30pm



*Teaching the Island
to swim since 1865*

Name..... Male/Female.....

Date of Birth..... Age as at 6th July 2019.....

Tel no..... Mobile..... Email.....

Check In 10.15 am and 1.30pm

1. All Events are Heat Declared Winners
- 2. FINAL CLOSING DATE WILL BE MONDAY 10TH JUNE**
3. Entries will be graded "A" or "B" on times submitted
4. Medals for 1st, 2nd, 3rd in "A" & "B" grades of each age group, boys and girls
5. Speeding tickets (awards) will be issued
6. The referee's decision is final
7. All competitors will receive a certificate
8. An award will be presented to a boy and a girl from each club who in the opinion of the coaches have given their best in and out of the water during the meet

Tick entered events only

| SESSION | EVENT | STROKE | 9YRS (10) | 10YRS (09) | 11YRS (08) | 12YRS (07) | 13YRS (06) |
|--------------------------------|---------|----------------------------|--------------|---------------|---------------|---------------|---------------|
| 1 Poolside 10.15 | 1 & 2 | 50m Breaststroke | | | | | |
| | 3 & 4 | 100m IM | | | | | |
| | 5 & 6 | 100m Fly | | | | | |
| | 7 & 8 | 50m Backstroke | | | | | |
| | 9 & 10 | 100m Breaststroke | | | | | |
| 2 Check In 1.30pm | 11 & 12 | 100m Freestyle | | | | | |
| | 13 & 14 | 100m Backstroke | | | | | |
| | 15 & 16 | 25m Fly | | | | | |
| | 17 & 18 | 50m Fly | | | | | |
| | 19 & 20 | 50m Freestyle | | | | | |
| | | TOTAL NO. of EVENTS | | | | | |

Please enter my Son/Daughter in the above events.

Number of Events.....at £5.00 per Event Total amount £.....

Signature.....Email

JSC run this meet so we really need your help. I am able /unable to assist on the day of the gala

Please make cheques payable to JSC and return to Ailie Brown OR post in Langford JSC post box before FINAL CLOSING DATE MONDAY 10TH JUNE

IF SWIMMERS ARE UNABLE TO COMPETE ON THE DAY THEY MUST LET ME KNOW ON 07700 338512 BY 9.30 AM