



# Competition

# Jersey Swimming Club

## 51<sup>st</sup> JERSEY OPEN AGE GROUP CHAMPIONSHIPS

(Under ASA Laws & ASA Technical Rules)  
 License 3SE182053  
**Saturday 15<sup>th</sup> December 2018**  
**Haute Vallée**

Open to swimmers aged 9 and over

Name .....

(Capital Letters)

D O B .....Age as at 15<sup>th</sup> Dec.....

Mobile No..... Email address.....

As part of Jersey Swimming Club Competitive and Dolphin Squads, your child has been selected to compete in Jersey Open Age Group Championships.

Please enter your choice of strokes you wish to enter in the form below. (Preferably you should include 200 Freestyle as one choice)

SESSION	EVENT	STROKE	TICK TO ENTER	FEE £5.00
<b>1</b>	1 / 2	50 Freestyle		
<b>Report in 8.15</b>	3 / 4	100 Butterfly		
<b>Warm Up 8.30</b>	5 / 6	100 Backstroke		
<b>Start 9.15</b>	7 / 8	50 Breaststroke		
	9 / 10	200 Freestyle		
<b>SESSION</b>				
<b>2</b>	11 / 12	200 Individual Medley		
<b>Report in 12.45</b>	13 / 14	50 Butterfly		
<b>Warm Up 1.00</b>	15 / 16	100 Breaststroke		
<b>Start 1.45</b>	17 / 18	50 Backstroke		
	19 / 20	100 Freestyle		
		<b>TOTAL</b>	<b>No of swims</b>	<b>£</b>

Complete form and return to:

Please make cheques payable to JSC and post in the JSC post box at Langford Pool no **later than Monday 5<sup>th</sup> November 2018**. Alternatively email forms to [admin@jersey-swimming-club.org](mailto:admin@jersey-swimming-club.org)

Please enter my son/daughter in the above events.

Number of events.....at £5.00 per event. Total £.....

Signed .....



Teaching the Island to swim since 1865