



**Rushmoor Royals Last Chance County
Qualifier 2017 L3 Open Meet (50m)
2nd & 3rd December 2017.
Licence No. 3SE171586**

Affiliated to
ASA SE Region

Programme of Events

| Saturday 2nd December | | | |
|---|----------------------|--------------------|--|
| Session 1 | Warm up 08:00 | Start 08:45 | Sign in/out 15mins before start of warmup |
| 1 | Boys | All age groups | 400m Freestyle |
| 2 | Girls | All age groups | 200m Individual Medley |
| 3 | Boys | All age groups | 50m Backstroke |
| 4 | Girls | All age groups | 50m Butterfly |
| 5 | Boys | All age groups | 100m Breaststroke |
| 6 | Girls | All age groups | 100m Freestyle |
| 7 | Boys | All age groups | 200m Butterfly |
| 8 | Girls | All age groups | 200m Backstroke |
| Session 2 | Warm up tbc | Start tbc | Sign in/out 15mins before start of warmup |
| 9 | Girls | 11 & over | 400m Individual Medley |
| 10 | Boys | All age groups | 200m Breaststroke |
| 11 | Girls | All age groups | 50m Breaststroke |
| 12 | Boys | All age groups | 50m Freestyle |
| 13 | Girls | All age groups | 100m Butterfly |
| 14 | Boys | All age groups | 100m Backstroke |
| 15 | Girls | All age groups | 200m Freestyle |
| Sunday 3rd December | | | |
| Session 3 | Warm up 08:00 | Start 08:45 | Sign in/out 15mins before start of warmup |
| 16 | Girls | All age groups | 400m Freestyle |
| 17 | Boys | All age groups | 200m Individual Medley |
| 18 | Girls | All age groups | 50m Backstroke |
| 19 | Boys | All age groups | 50m Butterfly |
| 20 | Girls | All age groups | 100m Breaststroke |
| 21 | Boys | All age groups | 100m Freestyle |
| 22 | Girls | All age groups | 200m Butterfly |
| 23 | Boys | All age groups | 200m Backstroke |
| Session 4 | Warm up tbc | Start tbc | Sign in/out 15mins before start of warmup |
| 24 | Boys | 11 & over | 400m Individual Medley |
| 25 | Girls | All age groups | 200m Breaststroke |
| 26 | Boys | All age groups | 50m Breaststroke |
| 27 | Girls | All age groups | 50m Freestyle |
| 28 | Boys | All age groups | 100m Butterfly |
| 29 | Girls | All age groups | 100m Backstroke |
| 30 | Boys | All age groups | 200m Freestyle |

N.B. Although age groups will be combined to make more efficient use of water time, awards will still be made to the top three swimmers in each of the following groups:
9/10, 11, 12, 13, 14, 15 and 16/over (Age as at 3rd December 2017)