



Competition

Jersey Swimming Club

50th JERSEY OPEN AGE GROUP CHAMPIONSHIPS

(Under ASA Laws & ASA Technical Rules)
 License 2SE License 3SE
Sunday 12th November 2017
Haute Vallée

Open to swimmers aged 9 and over

Name

(Capital Letters)

D O BAge as at 12th Nov.....

Mobile No..... Email address.....

As part of Jersey Swimming Club Competitive and Dolphin Squads, your child has been selected to compete in Jersey Open Age Group Championships.

Please enter your choice of strokes you wish to enter in the form below. (Preferably you should include 200 Freestyle as one choice)

SESSION	EVENT	STROKE	TICK TO ENTER	FEE £5.00
1	1 / 2	50 Freestyle		
Report in 8.30	3 / 4	100 Butterfly		
Warm Up 8.45	5 / 6	100 Backstroke		
Start 9.30	7 / 8	50 Breaststroke		
	9 / 10	200 Freestyle		
SESSION				
2	11 / 12	200 Individual Medley		
Report in 12.45	13 / 14	50 Butterfly		
Warm Up 1.00	15 / 16	100 Breaststroke		
Start 1.45	17 / 18	50 Backstroke		
	19 / 20	100 Freestyle		
		TOTAL	No of swims	£

Complete form and return to:
 Please make cheques payable to JSC and post in the JSC post box at Langford Pool no **later than Sunday 22nd October 2017. Alternatively email forms to admin@jersey-swimming-club.org**

Please enter my son/daughter in the above events.

Number of events.....at £5.00 per event. Total £.....

Signed



Teaching the Island to swim since 1865